

Physical Education

GCSE or BTEC

Struggling to decide which pathway you want to follow? Need some advice on whether to take Physical Education or not? Bear in mind that Physical Education is about human performance in sport. As a result it will prepare you for any career or future studies that you want to do.

This course challenges you physically and academically. You learn about the human body and about current issues in sport. More importantly it's great fun and probably the most interesting subject around.



Qualification: GCSE PE/
BTEC Level 1/2 Sport

Examination Board: Edexcel

Specification Code: 1PEO

Topics Covered

GCSE

- Fitness & Body Systems
- Health & Performance
- Practical Performance
- Personal Exercise Programme

BTEC

- Fitness for Sport & Exercise
- Practical Performance in Sport
- Principles of Personal Training

and one optional unit.

Assessment

GCSE: Two exams and two internal assessments.

BTEC: One external on-screen exam. Other units are internally assessed.

Course Progression

The completion of this course leads itself to further education courses such as A level Physical Education offered here in our Sixth Form.

Career Opportunities

- Armed services (army, navy, air force)
- Public services (police, fire, paramedics)
- Medical profession (medicine, nursing, physiotherapy, chiroprody, chiropractic, podiatry)
- Dental profession (Dentist, Orthodontist)
- Psychologist
- Health & fitness industry
- PE teaching
- Specialist sports coaching