

## KS4 GCSE PE ASSESSMENT

	<i>Curriculum checkpoints: what do students know and what can they do?</i>			
SWANS PE	Developing	Securing	Mastering	Excelling
PE01 PE02 Theory Paper 1 Fitness and body systems Paper 2 Health and Performance 60%	AO1: Limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport AO2: Limited knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport AO3 Limited analyse and evaluation of the factors that underpin performance and involvement in physical activity and sport	AO1: Some knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport AO2: Able to apply some knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport AO3: Attempts to analyse and evaluate some of the factors that underpin performance and involvement in physical activity and sport	AO1: Has a good understanding of the factors that underpin performance and involvement in physical activity and sport. AO2 Can accurately apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport AO3: Can analyse and evaluate the factors that underpin performance and involvement in physical activity and sport	AO1: Has excellent knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport AO2: Applies knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport AO3: Can analyse and evaluate a range of factors that underpin performance and involvement in physical activity and sport
PE03 Practical Team and individual skills and application 40%	AO4: Demonstrates basic skills, techniques and decision making with little precision, control and fluency during a conditioned/ competitive situation	AO4: Demonstrates a competent level of skills, techniques and decision making, with some precision, control and fluency during a conditioned/ competitive situation	AO4: Demonstrates a good level of skills, techniques and decision making with good precision, control and fluency during a conditioned/ competitive situation	AO4: Demonstrates a very good level of skills, techniques and decision making with very good precision, control and fluency during a conditioned/ competitive situation
PE04 Personal Exercise Programme (PEP) 10%	1. Little/Some attempt at interpretation and analysis of fitness test results using some data, but with errors that may impact analysis. 2. Little/Some attempts at evaluation, with weak justification for training method(s) chosen, and attempts at applying SMART targets and principles of training to meet performance goal(s), with errors of judgement affecting the quality of the evaluation. 3. Little/some attempt to compare and interpret the fitness test results, with some differences and/or similarities analysed in places and some supporting evidence used, but with many errors of judgement/inaccuracies. 4 Limited attempts at evaluation of the application of the method(s) of training, SMART goals and principles of training, with some attempt at recommendation for improving future training and performance, but with significant errors. 5 Attempts at coherence and structure, with use of appropriate terminology in places but inconsistent and with some errors of judgement	1. Good interpretation and analysis of fitness test results using appropriate data, with some errors that have insignificant impact on the analysis. 2 Good evaluation with appropriate training method(s) selected and explained, and application of SMART targets and principles of training to meet performance goal(s), with some errors of judgement that have insignificant impact on the evaluation. 3 Fitness test results are compared and interpreted, and the differences and/or similarities are analysed and sufficient supporting evidence used, but with some errors of judgement/inaccuracies. 4 Good evaluation of the application of the method(s) of training, SMART goals and principles of training, with sufficient detail/depth, and appropriate recommendation(s) to improve future training and performance. 5 Good coherence and structure, with appropriate terminology used, but some errors of judgement/accuracy with no significant impact on the piece.	1 Very good interpretation and analysis of fitness test results using appropriate data, with one or two minor errors not significantly affecting the analysis. 2 Evaluation with appropriate training method(s) selected and explained, and application of SMART targets and principles of training to meet performance goal(s), with few errors of judgement not significantly affecting the evaluation. 3 Fitness test results are compared and interpreted, and the differences and/or similarities are analysed with satisfactory supporting evidence, but with some minor errors of judgment/inaccuracies. 4 Well-argued evaluation of the application of the method(s) of training, SMART goals and principles of training, in satisfactory detail and depth, with justified recommendations to improve future training and performance. 5 Very good coherence and structure, with appropriate terminology used throughout, but with a few minor errors.	1 Excellent and thorough interpretation and analysis of fitness test results using appropriate data. 2 Evaluation with appropriate training method(s) selected and justified, and application of SMART targets and principles of training to meet performance goal(s). 3 Fitness tests results are compared and interpreted, and the differences and/or similarities identified and analysed, and reasons for them justified, with ample supporting evidence. 4 Sophisticated evaluation of the application of the method(s) of training, SMART goals and principles of training, in good detail and depth, with well justified recommendations to improve future training and performance. 5 Excellent coherence and structure, with appropriate terminology used consistently, with few minor, if any, errors